



Longmont Shambhala Meditation Group

The Longmont Shambhala Meditation Group

Invites You and Your Family to a

Celebration of the 2019 Winter Solstice

from 7 to 9 PM on Thursday, December 19

The Meditation Place

324 Main St., Longmont (alley entrance)



Everyone is invited to bring a sweet, savory, or salty snack to share.

We will provide tea and sparkling water.

Creative offerings, such as music, poetry, art, are very welcome!

If you have questions, contact Carol: carolj408@yahoo.com, 303-809-2492,